



# Tracking & calculating

### Lost Time Incident Rate (LTIR)

There's no shortage of metrics to capture in your environmental, health and safety strategy. Figuring out which ones can make the biggest impact can seem daunting, but many of them are critical to your organization's success. When creating your EHS strategy, recording your Lost Time Incident Rate (LTIR) should be a priority.

#### What is lost time incident rate?

Lost time incident rate is a standard OSHA and PERRP metric that calculates the number of incidents that result in time away from work. Not all recordable incidents result in lost time, which is why there is a separate calculation for these more severe incidents.

For example, a workplace injury where an employee breaks his or her arm on the job and misses work the next day would be included in an LTIR report. A similar situation where an injured employee can work the next day would not be included in this metric.

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## Cost control strategies

Sedgwick utilizes leading measures and predictive cost containment to help Ohio employers contain costs and lower premiums. When a claim occurs, Sedgwick is ready to apply cost containment strategies to quickly resolve the claim.

### Salary continuation

Salary continuation is compensation paid to an injured worker by the employer, in lieu of temporary total compensation paid by the Ohio Bureau of Workers' Compensation (BWC). By continuing to pay an injured worker's wages as if they were still working the regular amount of hours per week, an employer can avoid BWC paying out temporary total compensation of the claim.

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For more information, contact our Sedgwick program manager, Bob Nicoll at 330-418-1824 or <a href="mailto:rober.nicoll@sedwick.com">rober.nicoll@sedwick.com</a>





BWC provides at least one webinar on different safety and health topics each month. Subject matter experts share their knowledge and provide an opportunity for participants to ask questions. These lessons engage students with a variety of interactive methodologies, including whiteboard activities, polling, and chat discussions. To obtain BWC program credit, participants must complete a short knowledge assessment within the BWC Learning Management System after the webinar and earn a passing score. If the webinar provides credits, the host will provide further details regarding requirements for those seeking BWC program credit or Continuing Education Units (CEU)s during each webinar.

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