# TOPIC: Structure and Use of Health Reimbursement Arrangements (HRAs) Presented by: Kim Kinnaird (Lawson)

(~5 minutes per section)

#### What Are HRA Options?

- Integrated
  - Part of Medical Plan
  - Benefits given to all participants of the employer's medical plan
  - Doesn't have to be administered by the same administrator as the Medical Plan.
- Non-integrated
  - Doesn't require participation in the Medical Plan to receive benefits
  - Not permitted under ACA except for:
    - a. Retiree Only
    - b. Medicare Only
    - c. Spouse only
    - d. For Excepted Benefits (E.g. Dental, Vision)
    - e. QSEHRAs

#### Integrated HRAs: Benefits to the Employer for offering?

- Purchase of HDHP results in lower premiums (usually compared to renewal) and hopefully, cost of claims covered by the HRA are less
  - PPO plans with copays under the deductible versus QHDHPs\*
  - The Shoebox Effect\*
- Employer may gain some reporting
- Tax deductible contributions and reimbursements with no cap
- Roll overs of unused amounts permitted (but not popular)
- Self-Funding on training wheels

### Integrated HRAs: How do they work for the Employer?

- Employer buys carrier HRA package
  - Cost of HRA claims are separate and often there is a separate administrative fee do you include THOSE cost projections for your customers?\*
  - Carrier-determined plan designs, often very basic
- Employer buys from an independent administrator
  - Employer determines expenses covered by the HRA and eligibility rules
  - Employer determines plan design
- Employer self-administers
- COBRA Participants ALSO receive this benefit. Premiums must be based on EXPECTED Cost\* not maximum allowed.

Integrated HRAs: How do they work for the Employee?

■ Two Plans Instead of One

- Debit Cards?
- Provider Submission versus The Employee Submission
- "The Shoebox Effect"?
- The Biggest Hurdle: Prescription Drugs
  - Buy a PPO with RX copays
  - Reimbursement of RX through the HRA
  - Secondary RX Pharmacy Benefit Manager (usually bills a per script fee ~\$5-\$7 each)

### Integrated HRAs: Plan Design Ideas

- First Dollar Coverage -- Bucket-O-Money Plans
- Deductibles and Coinsurance
- Copayments
- Coinsurance split of high deductible\*\*
- Mirror Plans = to prior plan design

## What % spend do you think you see?

- **5** 75% 100%
- 35% 50%
- Expect \$500 PEPM and pay more for admin
- 50/50 split 25% 35%
- You'll pay more for admin

## How do you make projections?

- Pick Your Plan Design
- Assign Cost
  - Calculate Worst Case Scenario for Each Coverage Tier
  - Copayments?
- With a HDHP [share examples]
- With a PPO Plan [share examples]

## **Projecting Budget Numbers**

- Renewal Premiums or 'Comparable Plan Premiums'
- New Premiums for the High Deductible Plan
- Budget for the Plan Design Selected
- Projecting COBRA Rates

## **Evaluating Performance At Year End**

- Review Example Reporting
- Lead up to Level-Funding or Self-Funding Discussions